

JULY 10, 2023

Retirement Tips and Reminders

• Did you know that you can access your estimated Social Security retirement benefit online? Create an account at https://www.ssa.gov/myaccount. This is a great way to stay up to date on what your future benefit looks like. Each year your income will be pulled in and may change the benefit amount. It's good to check annually to make sure there are no errors on your last years income and easier to get fixed now versus waiting many years to notice it. If you need help setting up this free account you can reach out to Angela Eidemiller in HR at aeidemil@utk.edu

Mark Your Calendars for Our Heat Awareness Event on July 11

• Don't forget about the heat awareness event that will be hosted in the FSC Central Supply Warehouse on July 11 from 9a to 11a. We're partnering with Grainger for this event, and you'll have the opportunity to learn, ask questions, and get hands-on with heat related safety equipment and literature. Our safety coordinator, Melanie Reese, will be hosting heat safety trivia for a chance to win a prize!

ParTNers for Health: ActiveHealth Wellness Program

• ActiveHealth will be at the Facilities Services Complex on July 20th to share more about their wellness program and the rewards available to participants (specifically cash rewards). Sessions will be held in FSC 101 and will take place at 8am, 11am, 2pm and 4pm. A flyer is included on pages 14/15 of this week's newsletter.

401K Matching Increased July 1

• The state is now matching 401K contributions up to \$100 dollar for dollar. If you currently contribute less than \$100, you will need to visit RetireReadyTN to change your contribution. Be sure you select dollars and not percentage on contribution option. If you need help making this change, see our FS HR team.

Congrats, Johnathan Sawyer!

• Johnathan Sawyer of Pest and Environmental Services has been chosen to participate in the 2023-2024 UConnecT program! UConnecT is an inclusive, year-long leadership program designed to grow and develop highly motivated non-exempt staff with a minimum of 2 years of continuous service. We look forward to hearing what you're learning!

Community Wellness Screenings on Campus July 20

• The Mobile Mammography Bus will be at Circle Park on July 20th for community wellness screenings. Appointments are required and can be made at 865-839-7416

Upcoming Retirements

- Norris Samuel is retiring on August 1st from Building Services. He will be honored with a private reception.
- Bill Pace is retiring from Design Services on August 1st with an open reception at 2pm in FSC 101/102 on the same day.

Weekly Safety Stand Down:

• This week, our Safety Stand Down focuses on sun safety and protecting yourself from UV rays!



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BUILDING SERVICES

Student Union:

- Rising Roll dining area: the floors were scrubbed and polished.
- Floor work continues on G1 dining areas.
- Ballroom carpets were cleaned and then (after events) spot cleaned.
- Event room 262 A,B,C carpet was cleaned.
- Event room 270 the carpet was cleaned, and the fabric wall was dusted to remove dust bunnies.
- Event room 377 (EDR) the carpet was cleaned; the baseboards and windowsills were dusted.
- The first-floor seating area carpet was cleaned.
- Cobwebs were removed from the exterior windows on the first and second floors in phase 2
- Cobwebs were removed from the exterior windows on the first and second floors in phase 1 next to the plaza and on the back side of the connector bridge.
- All four bathroom floors on the first floor were scrubbed.
- The women's restroom is on the third floor near the auditorium. The floor was orbited, the stall walls and bathroom walls were cleaned.
- Elevators were detailed cleaned.
- Elevator mats were cleaned.
- The walk off mats at Cumberland and Volunteer entrances were cleaned.
- Event room 367 the carpet was cleaned and the entrance glass was cleaned.
- The carpet in front of the catering corridor and office was cleaned.
- The back corridors on the first, second and third floors were dust mopped and auto scrubbed.
- G1 corridor in phase 2 was dust mopped and auto scrubbed.

- The auditorium was blown out to remove debris under the seating areas.
- Overlook glass was dusted and the handrails were cleaned on the second and third floors.

Haslam Music:

 Top scrubbed and waxed Room 135 and Room 227, 222, 224, G12

Art + Architecture:

• Staying busy cleaning up from construction

Humanities:

- High dusted the 2nd floor ceiling and corners of the baseboards
- Ran the auto scrubber in Room 123

OPERATIONS & LANDSCAPE

LANDSCAPE SERVICES

- Autonomous Mowing Study: Working with several companies to develop a future plan to integrate autonomous mowing units throughout campus.
- E.J. Chapman Drive: Emergency tree clean-up on July 6.
- Campus Steam/Condensate Leaks: Heavy Equipment Team is supporting excavation for various repairs throughout campus.
- Sorority Village: Installing plant replacements associated with the December freeze event (cont)
- UTIA Business Incubator Bldg: Grade soil and sew grass following installation of new steam and condensate service to the building (cont)
- UTIA EESRB Green Roof: Working with UTIA Administration on a maintenance agreement for the green roof (cont)



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OPERATIONS & LANDSCAPE

LANDSCAPE (CONT.)

- UTIA GATOP Gardens: Working with UTIA Administration on a common area maintenance plan for the property (cont)
- Tom Black Track: Provide excavation for water and storm water repairs (cont)
- Landscape Services Staffing Study: Revise greenspace data to reflect campus changes to the landscape since 2015 (cont)
- Summer Utility Projects: Heavy Equipment Team is developing plans with Utility Services to provide excavation support for summer projects (cont)
- College of Law Landscape Renovation: Coordinating with contractor for June installation (cont)
- Irrigation Systems: Monitor, adjust and repair as needed throughout summer (cont)
- Native Burial Mound and Garden: Repair damages to mound and stone council ring from truck incident (cont)
- Urban Forest Master Plan (City of Knoxville): Serving on advisory board
- Military War Dog Memorial: Landscape irrigation and planting renovation in preparation for the 25th anniversary celebration in July (cont)
- Morgan Hall: Ongoing landscape protection support associated with roof repairs, window replacement, and brick tuck-pointing project (cont)
- Carrick Hall: Plan for surface repairs following the excavation support for steam and condensate repairs (cont)
- McCord Hall: Plan for surface repairs following the excavation support for new sanitary sewer connection (cont)

- Neyland Drive Campus Entrances: Demolition and installation of landscape renovations. (cont)
- Vet Med Addition: Participate in the final irrigation and landscape punch list walk with the designer and contractor (cont)
- Landscape Academy: New series of refreshed training for all team members (cont)
- Irrigation Systems: GPS locate all underground valves, meters, and components. (cont)
- TREC: Provide excavation support to the Plumbing team for repair of steam condensate leak (cont)
- Ayres Hill ADA staircases: Coordinate with FS Design on landscape plan for new staircases (cont.)
- Recruiting to fill vacant positions

EVENT & MOVING SERVICES

- Events: Baker Center, Strong Hall, Student Union Ballroom, Circle Park, Cherokee Farm.
- Moves: Ayres Hall, Nursing Education Building, UT
 Drive Building C, Dougherty Engineering, Hoskins
 Library, Morgan Hall, Hodges Library, Greve Hall,
 Baker Center, Stokely Management Center, Haslam
 Business Building, Walters Academic Building,
 McClung Tower, Perkins Hall, Communications
 Building, Middlebrook Building, Andy Holt Tower.
- Surplus: Delivered/Picked up surplus items at: Dunford Hall, Vet School, Student Health Center, NEB, Love Towers Nursing Clinic, Conference Center Building, Perkins Hall, A&A Ewing Gallery, McClung Tower.
- Banners: Changed and performed maintenance on banners at Student Union and Ayres Hall.
- Miscellaneous: Delivered packing materials to several departments across campus, Hauled away broken furniture and trash from loading docks.



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ZONE MAINTENANCE

ZONE 1

- Staying caught up on work orders.
- Still working on flipping buildings as conferences move in and out.
- We have a water outage at the Carricks this week.

ZONE 2

• Addressing a number of heating/cooling calls from customers throughout zone

ZONE 3

• Zone 3 is doing floor repair in Stokely Management on the Mezzanine level.

ZONE 4

- Repaired beverage shaker in the Student Union Phase II
- Fixed countertop gaps in Union Deli at SU Phase I
- Repaired an exhaust fan at Anderson Training
- Replaced wok blanchers and LED can lights at Cumberland Ave. Food Court
- Repaired dicers and recaulked sinks at Rock Top Dining
- Adjusted AC on second floor at Presidential Court

ZONE 5

 Neyland Stadium - checked and made repairs as needed and worked on changing West Bowl filters.

- Football Complex checked/adjusted chemicals in pools
- Allan Jones checked/adjusted chemicals in pools
- Blackburn Furrow Clubhouse cleaned Aon unit
- Auxiliary Services replaced damaged ceiling tile
- Throughout zone, general building maintenance

ZONE 6

No new report

ZONE 7

- AMB: General Maintenance, helping contractors, cleaning return vents, working on PM;s.
- Ferris Hall: Conducted daily walkthroughs and weekly walkthroughs. Serviced AHU's.
- Perkins Hall: Conducted daily walkthroughs and weekly walkthroughs.
- Min Kao: Working on lights, working on restrooms, working on ceiling tile, doing building checks.
- Dougherty: Daily maintenance checks and weekly maintenance checks preformed. Repaired inoperable light fixtures. AHU and Package Unit filters changed. Exhaust fan Belt Changes. Coils on Package and Air Handling Units Cleaned.
- SERF: Checked bathrooms walk throughs, Put in Light Ballast, Hung Exit Signs, Tightened Toilet Seats.
- NEB: Cleaned window units and checked bathrooms, Cleaning NEB's Air Conditioners.
- Jessie Harris: Daily equipment check, Weekly building check, Washing AC filters in offices, Checked generator, Checked elevator tracks.
- Fiber & composites: Daily equipment check, Weekly building check, Checked elevator tracks.
- SENTER Hall: Daily equipment check, Weekly building check, Repaired lights, Replaced fogger control boards in greenhouses.



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ZONE 7 (CONT.)

- Zeanah: Adjusted door closers and hinges, General Maintenance, working on PM's.
- Tickle: replaced Light bulbs, replaced sink Batteries, General maintenance, working on PM's

ZONE 8

- We have had several issues with our domestic cold water in several buildings due to a main leak at the Business Incubator Building.
- We have working with our AC controls team to repair issues with a strobic unit at the Food Science building.
- We constantly encourage our team to stay well hydrated and cool as possible during our warm summer months.
- Our monthly Archibus work requests will be any area of focus this week for our staff.
- We will welcome a new Apprentice this week to our staff with Mr. Logan Hollon joining us. Welcome Logan!

ZONE 9

- We have been assisting different roofing contractors with some of our building leaks recently.
- Our weekly Archibus work requests will be our area of focus this week.

- We are hopefully getting close to getting the proper contractors in place to make repairs at the Glazer Building in Oak Ridge.
- Our weekly Archibus work requests will be our area of focus this week.

SPECIALTIES TEAM

• No new report

LOCK & KEY SERVICES

- Hodges Library repair lock and disable lock for card access
- Humanities replace lock on elevator room
- Claxton install locks and cores
- SMC keys not working
- A&A door knob fell off
- Conference Center repair lock
- Perkins Hall rekey locks for Dept. moves
- Hesler Biology Exit door check lock
- Front Office processing key request, key pickup and drop off
- University Housing many recores and repairs, assisting as needed

SUSTAINABILITY

Fiscal Year Recycling Totals as of 5/15:

Bottles/Cans: 182,157 lbs./ 91.08 tons

Paper: 335,080 /167.54 tons

Cardboard: 184,620 lbs./92.31 tons Yearly Total: 959,686 lbs./ 479.84 tons

• Composted a total of 20,200 lbs of food waste, 9,400 lbs of animal waste, and 3,650 lbs of landscaping waste.



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COMM & INFO
COMM & PR

- Send any photos of your work team that you'd like to see featured on FS social media directly to Sam at sjones80@utk.edu or 865-771-1531!
- Save the date! The Summer Picnic will take place Tuesday, July 25th at noon at the Student Union Ballroom. A flyer is available at the end of this week's newsletter.

TRAINING

- July 13 8a to Noon Aerial Lift Training will take place at FSC and Concord. To register for this training, email Troy Soumeillan at troy@utk.edu. Be sure to bring your harness as it is required for the hands-on portion of this training.
- July 14 Forklift Assessments will be taking place at the Central Supply Warehouse. Please complete the K@TE training program for "Forklift Safety Awareness 2023" prior to attending the assessment. You can schedule your assessment by reaching out to Troy at troy@utk.edu.
- New Leader Advantage has upcoming sessions on July 13th at 2pm in Haslam Business Room 530 and on July 25th at 3pm via Zoom. July 13th's session will focus on The Power of Why, and July 25th's will focus on Discussions of Belonging. You can register for both in K@TE.
- July 18 9a to 10a Professional Development Session: Laying the Foundation: Building and Leveraging Trust will take place in the Student Union Room 362B. Register in K@TE.
- July 18 12p to 1p United Rentals Excavation Safety Lunch in FSC 102

Available now: Facilitating Successful Leaders
 Program - To help ensure that we are hiring and
 developing successful leaders, in 2023 Facilities
 Services will begin to employ a new approach to
 how it onboards new leaders. This learning period
 will include targeted training and real time
 feedback on your performance. If you are a new
 supervisor that has been promoted in the first half
 of 2023, Rebecca will be reaching out to you to
 discuss the opportunity to participate in the FSL
 Program to help enhance your leadership skillset.

Training News:

Training Calendar is available online! Visit https://fs.utk.edu/comminfo/training/ to view upcoming training dates, times and information throughout the year. The calendar is located below the "Login for online training" link. Check back often as new events and opportunities are added often!

FSIT

IT has been working on:

- Elevator Switch Assistance
- Surplus Equipment
- Inventory
- Adobe License Management
- Steam Plant Upgrade Assistance
- Conference Room/ZOOM Assistance

Looking for an update or information on the DASH implementation process? Visit https://liveutk.sharepoint.com/sites/DASHProgram to learn more!



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UTILITIES SERVICES

A/C SERVICES

- Adjusted Heating water actuator on AHU 10 at Brehm.
- Replaced the bad thermostat in room 327 of Fred Brown Hall.
- Adjusted Vivarium temp set points and alarms
- Changed out poppet on Phoenix card in room 207 of Plant Biotech
- Assisted Maintenance with water flow issues on AHU 1 at the Music Building
- Met with the contractor to discuss humidifier installation at the music
- Assisted the AC shop with chiller issues after a power outage.
- Continued to troubleshoot the chilled water issues at Hodges
- Reset Controller at Alumni
- Plant Bio Changed out the contactor on chiller and got back up and running.
- Reese chiller building Changed out disconnect on pump and got back up and running.
- CRC- Changed out fire link on AAON unit.
- Third Creek- Got unit back up and running.
- Lindsey Nelson Changed out compressor and have system up and running.
- Rocky Top Dining -Repaired rack system for coolers and freezers.
- Panda Express- Repaired leak on Walk-in Freezer.
- Geier Hall Repaired units.
- UT Drive Repaired unit on the roof.
- Food Science- Started repairs on air compressor.

ELECTRICAL SERVICES

- marking and logging in the daily Tennessee 811 tickets.
- NURSING on site to open the PMH and Transformer and oversee the testing of 3rd Party on the new temporary equipment; along with the temp H.V. cables and terminations on both ends. Then landed the H.V. cables onto the PMH switch after the testing.
- NEYLAND STADIUM LOWER BOWL met G.C. and Contractor about updating the wiring troughs on the WEST SIDELINES in the brick pavers. They were installed last season, now looking into redesigning the tops (where they are collapsing and hard to open.)
- SERF CHILLER PLANT met on site for an issue, (did not know what a wire was). After removing some dirt. We found that this is a building steel ground wire and it is attached to a ground rod. Ask them not to hit it and it cannot be moved.
- NURSING open transformer for Elect. contractor, for them to finish landing the secondary wires. We also finished plugging in the LB's on the high side. Later; we turned on circuit 2 at the Substation and let set for 5 minutes. Then, we turn back off at S.S. and closed the switch on the PMH; while off. Then turn back on circuit 2 at S.S. and check the voltage at the transformer. The site now has temp power.
- CLAXTON CHILLER PMH work on installing sheet metal around the outside base of the PMH switch and installing NP1 caulk to help seal up. Installing to stop critters from entering inside.



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ELECTRICAL SERVICES (CONT)

- NEYLAND STADIUM SOUTH (C.P.) worked in 5 manholes along Tee Martin checking to make sure CKT's 5/2 was off. Then started cutting the tee bodies off the wires that need to be removed for the job, removing all utilities, and re-routing them in different locations. Also took the wires off the 2 transformers and 1 PMH near G10 East/mobile kitchen site. (for the contractors to return to us later). / Also reported unmarked pipes in the way near the South of the stadium, Tickle and Zeanah. On-site to try and ID them and locate them.
- NEYLAND STADIUM SOUTH (C.P.) on-site and working with Massey, accessing; opening up of the 2 transformers and 1 PMH switch. For them to load and return to us back to Concord.
- NURSING\CLAXTON CHILLER (C.P.) check on site, of the concrete that was poured for the new temp power for the transformer and switch. Set up for UT, to meet with contractors to access the S.S.; for them to load up the temp transformer and take and place it on the pad. Also, the same for the switch at Concord. (FRIDAY) / started reviewing the print of the new Nursing and Claxton Chiller Plant add-on.
- Major steam leak reported at SERF Chiller
- Equipment with under-voltage issues at SERF
- Stovetop Tripping Breaker at Food Safety
- Display case lighting at Haslam Business
- Disconnected Furniture whip at Hodges Library
- Installed New wall packs exterior lighting replaced existing and add 2 new at back of Panda Express
- Replaced panelboards at TBA
- TREC's installation of 200 AMP Circuit Breaker and Bus Fingers
- Programmed all Lutron Lighting at Stokley Management Center Floors 3-7

- Assisted Simplex with Fire alarm inspection at Stokley Hall and frat houses
- Cleaned dirty smoke detector at Reese Hall
- Replaced pull station at Neyland
- Replaced bad duct detector board at Regal soccer
- Smoke Detector was in alarm so cleaned and reset it at G-10 5th level
- Reinstalled duct detector in the penthouse at Clement Hall
- The heat Detector went into alarm due to steam disabled and then reset the alarm at Dabney
- Fire panel went into alarm due to construction on the 12th floor at McClung Tower
- Reset fire alarm devices from a power outage at East Stadium
- Disabled smoke detector during a photo shoot at TBA
- Disabled / enabled devices for the AC shop at Environment and Landscaping
- Assisted High Voltage in a scheduled power outage at Neyland
- Sprinkler leak-assisted plumbing shop at TBA also met with MASCO about upcoming repairs
- Replaced smoke detector in room 615 at Laurel Hall
- Replaced smoke detector on the 2nd floor at 2600 Sorority
- Reset the CO2 supervisory alarm on the fire panel at the Presidential
- Replaced bad heat detector and the base at Bovine
- Disabled/ enabled smoke detector for the plumbers at Senter
- Disabled/ enabled beam detector for the contractor at Communications



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ELECTRICAL SERVICES (CONT)

- NEYLAND STADIUM JUMBOTRON met with TA Electrical and Cesar to check the issue with 2 letters on top of Jumbo Tron and the access to them. One of the letters needs to have the LED driver replaced. The other needs to be looked at more possibly the lights inside. TA making a safety list and talk about it later. /// Later on, after talking with Athletics, they are hiring a sign company to make all repairs.
- TOM BLACK TRACK crew changed out the pee line string with mule line tape, to make the wire pulls on 2 locations to finish this job. The pipes are repaired now just have to pull in the wires to 2 locations.
- CAMPUS power flicker at Facilities,
 Creamery, JIAMS, BASS, Equine Research,
 JARTU, Food Animal, Lab Animal BLDG. A,
 and Cherokee Vault. KUB lost power. Check
 with KUB and they were trying to restore the
 issue. Started checking bldgs. ... After power
 was restored, assisted with checking the power
 to the building, ensuring generators shut down
 and fire panels cleared.
- Vet School test AVs with Simplex.
- Vol Hall remove door holder on the 6th floor.
- Dabney replace the smoke det. and base.
- Neyland Stadium smoke det. on the 7th floor, east went into alarm due to water, replaced and reset cleared alarm.
- Laurel Hall A/C fault cleared.
- 1816 Frat Park clean dirty smoke det.
- Robinson Hall card trouble status reset and cleared.
- South Carrick short circuit troubles on the 11th floor, found short and reset back to normal

- TBA disable smoke det. for the elevator contractor
- Min Koa 6th floor trouble with LSP controller.
- Robinson Hall network style 7 trouble coming in troubleshot issues
- Neyland Stadium assist the sprinkler contractor on the west side lower bowl sprinkler install.
- 1832 Frat Park replace smoke det. on the 2nd. Floor.
- Fred Brown clean dirty smoke det.
- Hess Hall clean dirty smoke det.
- Communications disable/enable beam det. for contractors.
- UT Conference Center assists Simplex with fire alarm testing.
- Neyland Stadium clean dirty duct det. at Wolf Kaplan
- Installed electrical power for new lab equipment at Plant Biotech
- Installed a new disconnect to replace the defective one at Reece Hall Chiller Building
- Troubleshooting and repairing the flag pole ground lights at FSC and Dogwood Hall Campus Standard pole lights.
- Responded to, and repaired, a defective electrical disconnect at Thompson-Boling Arena for Shoffner Electrical Contractors, preliminary meetings for electrical installation projects for the new Cardboard Baler at Student Union Phase II.
- Irrigation Controller at Taylor Law and new Lab Equipment at Dougherty Engineering Building.
- Performed research on electrical circuits affected for future power outages of 25 electrical panelboards scheduled to be replaced for contractors at Thompson-Boling Arena.
- Responded to Fire Alarm Panel Alarms/Troubles at Thompson-Boling Arena, Perkins Hall, Carrick Hall, Fred Brown Hall, and Dunford Hall.



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PLUMBING SERVICES

- Student Aquatic Center replaced Bottle filler in the lobby
- South Carrick Hall repaired the sink drain in 501
- Delta Zeta Sorority replace the vent pipe off the hot water heater
- Early Learning repaired water leaks coming from the laundry room
- Clarence Brown, we installed a new Bottle Filler in the lobby
- Southeast Stadium we removed the drains and water line in the concession stand at gate 21
- Golf Facilities we replaced the bottle filler and new hose bib
- Reese Hall on the fifth floor we repaired the bottle filler
- Stokely Management we repaired the sink that was leaking in room 726
- Baker School of Public Policy we repaired the kitchen sink in room 305
- Dabney Buehler, we replaced the acid waste lines
- A&A we installed a new bottle filler on the second floor
- Plant Biotech bldg. we repaired the Hot water line that was leaking in the hallway on the 3rd floor
- Student Health we cleaned the PVI water heater
- Student Union we repaired a leak in the ceiling on G190
- We repaired sewer pumps at Facilities
- A&A we repaired back flows in the machine room
- Little River Dairy stall barn we repaired the leaks

STEAM PLANT

- Fixed 3" Water line on the water softener
- Test ran 2mw generator
- Cleaned out gas compressor shed
- Worked on fuel consumption totals for 2mw generator

CONSTRUCTION SERVICES

- Anderson Training: Connections for oven in Smokey's
- Art and Architecture: Renovate 455; Carpet 103A & B; Build a wall 312; Remove walls 431
- Austin Peay: paint and carpet 310E & F
- Ayres Hall: New work station 313; Make offices on the 3rd floor
- Bailey Education: Electric A232; Paint and carpet A227; Paint and carpet several rooms on 3rd floor; Paint and carpet 413, 419, 420, A218; ADA Upgrades; Patch and paint 208, 210, 406, 522, 523
- Baker Center: New offices on 3rd floor
- Bass Building/Body Farm: Replace storage shed
- Biosystems Office Building: Wiring for cubicles
- Business Incubator: Paint 207
- Campus: Refurbish outdoor basketball courts behind Fraternities; VFI winners 2022; Trash and recycling pads on Lake Ave.; Aramark assistance at several locations; Water meters for cooling water make-up; Sculpture Maintenance



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CONSTRUCTION (CONT.)

- Carrick Hall North: Paint all floors
- Classroom Renovations 2023: Multiple buildings on campus
- Claxton Building: Paint 342; 4th floor furnishings;
 Paint A525; Paint, door, electric 426; Mount monitor 234; Change 4th floor women's restroom to all gender restroom; Paint and carpet 441, 443
- Clement Hall: Install trash compactor
- Communications: Paint 292, 333, 432A, 432C, 432D and 434; New lobby sign; Add glass to doors 323, 330, 333; Remove door and fill in wall 107E
- Conference Center Building: Move State Comptroller 307; Paint and carpet 4th floor; Renovate Suite 313; Redesign suite 309; Paint 308B
- CRC Material Science and Tech: Replace flooring in corridor 1st floor
- Dabney Buehler: Replace fume hoods in 408, 507, 508, 607, 608; Install dishwasher 302
- Delta Tau Delta: Correct items from inspection
- Dougherty Engineering: Paint and carpet 423: Carpet 434, 435; Remove lab equipment 103A; Renovate restrooms on 1st and 3rd floors
- Early Learning Center: Work on White Ave.
 playground; Hang magnetic boards for playground;
 2010 Lake Ave.- hang a TV and assist with furniture
 removal; Install new stove; Build storage shed and
 mud kitchen
- Equity and Diversity: Install a ramp
- Facilities Services: Reinstall wind turbine; Add grill in supply duct equipment 101; Stabilize marble on Office Building; Tint 4 windows in Central Supply warehouse; Window graphics
- G-10 Garage: Cable repair
- G-3, G-4, G-13 Garages: Install counting systems

- Glazer Building: Renovation for classroom
- HPER: Fire Alarm paging; Paint and repairs B025A; Paint and carpet 119
- Haslam Business Building: Switch access controls to UTPD server; New atrium signage; Paint around display 327; Paint and signage 299A; Convert 456 into an office
- Hesler Biology: Electric work 114; Additional room exhaust 544; Rework HVAC and add mini split 234; Renovate 104 and 105 for labs; Emergency electric receptacles 207; Repair ceilings on 5
- Hodges Library: Voice transmittal over Fire Alarm; Renovate suites on 1st and 6th floors; Assist with installation of people counters at Melrose entry; Remove cabinets and furniture G016
- International House: Interior painting on both floors
- Magnolia Hall: Concrete and curb cut
- McClung Museum: Fence around IT equipment
- McClung Tower: Install lockers 308
- Melrose Hall: Move signage
- Middlebrook Building: Install plywood on shelving in Vol Bookstore storage
- Morgan Hall: Paint 104 and 308F; Paint and electric 121; Paint and carpet 308B
- Mossman Building: Modify 535 for research
- Neyland Stadium: Structural inspection and repairs Gate 22
- Nielsen Physics: Paint, flooring, ceiling M105A
- Phi Delta Theta: Install new flood lights
- Pi Kappa Alpha: Renovate bathrooms
- Plant Biotech: Reroute sewer line; Paint 138
- Plant Science Unit (Alcoa Highway): Guardrail and ditch work on new road

THE UNIVERSITY OF TENNESSEE KNOXVILLE FACILITIES SERVICES

FACILITIES SERVICES WEEKLY

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CONSTRUCTION (CONT.)

- Reese Hall: Paint entire building
- Carrick Hall North: Paint all floors
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 Paint A525; Paint, door, electric 426; Mount monitor 234; Change 4th floor women's restroom to all gender restroom; Paint and carpet 441, 443
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- Early Learning Center: Work on White Ave.
 playground; Hang magnetic boards for playground;
 2010 Lake Ave.- hang a TV and assist with furniture removal; Install new stove; Build storage shed and mud kitchen
- Equity and Diversity: Install a ramp
- Facilities Services: Reinstall wind turbine; Add grill in supply duct equipment 101; Stabilize marble on Office Building; Tint 4 windows in Central Supply warehouse; Window graphics
- G-10 Garage: Cable repair

- G-3, G-4, G-13 Garages: Install counting systems
- Glazer Building: Renovation for classroom
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- Hodges Library: Voice transmittal over Fire Alarm; Renovate suites on 1st and 6th floors; Assist with installation of people counters at Melrose entry; Remove cabinets and furniture G016
- International House: Interior painting on both floors
- Magnolia Hall: Concrete and curb cut
- McClung Museum: Fence around IT equipment
- McClung Tower: Install lockers 308
- Melrose Hall: Move signage
- Middlebrook Building: Install plywood on shelving in Vol Bookstore storage
- Morgan Hall: Paint 104 and 308F; Paint and electric 121; Paint and carpet 308B
- Mossman Building: Modify 535 for research
- Neyland Stadium: Structural inspection and repairs Gate 22
- Nielsen Physics: Paint, flooring, ceiling M105A
- Phi Delta Theta: Install new flood lights
- Pi Kappa Alpha: Renovate bathrooms
- Plant Biotech: Reroute sewer line; Paint 138



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CONSTRUCTION (CONT.)

- Plant Science Unit (Alcoa Highway): Guardrail and ditch work on new road
- Reese Hall: Paint entire building
- Senter Hall: Electric and utility work for JEM unit
- SERF: Renovations for 106 and 108; Plumbing 519; Electric and lab exhaust 109; Electric in 506; Electric in 410
- Sigma Chi Fraternity: Replace window and add bottle filler; Replace HVAC system
- Sigma Kappa Sorority: Replace carpet in library
- Sorority Village: Add card reader to gate; Convert open space to offices on 2nd floor
- South and East Stadium: Repair pedestrian bridge
- Steam Plant: Gates and bollards
- Stokely Hall: Digital signage for café
- Stokely Management Center: receptacle for digital signage; Data Center move from M2 to M3
- Strong Hall: Lab renovation in 720F; Install fire shutter 317
- Student Aquatic Center: Convert 102B into an office
- Student Health: Renovate 288A and 288B for offices;
 Fire Alarm paging
- Student Rec: Remove wall between studio 8 and 10
- Student Services: Renovate Suite 413; Paint 209B
- Thompson Boling Arena: Utilities for compactor
- Student Union: Painting in Suite 383; Hold open closers on 2 connector doors; Signage for deli; Paint 193R; Electric work 281; Install wall cubbies 382; Electric work and counter top G3002C
- Taylor Law: Carpet Dean's suite 278 and conference room 277
- UT Arboretum: Electric service to Holly Garden
- UT IAMM: Electric and utility work G025; Electric work G026
- UT Warehouse: Make 2 offices into 1 large office 123/106

- Vet Med Center: Paint study rooms in Pendergrass Library
- Volunteer Parking Garage: Repair block at water line repair
- Walters Academic: Carpet E210; Remove shelves E202 and E206; Remove room E202A and repair surfaces
- Zeanah Engineering: Additional electric work in wood and metal shops; Electric and lab exhaust 402; Move lab from SERF 108 to 517; Exhaust work in 313; Replace key switch with 3 button wall station and card reader G113; Add snorkels in 417; Office furniture 276, 375, 376
- Zeta Tau Alpha: Paint bathroom; Replace some indoor lights; Interior painting; Paint shutters and columns; Move projector screen, install TV's
- 1610 University Ave.: Hold open on corridor door
- 2023 Classroom Upgrades: Renovate several classrooms on campus
- 22nd Street Duplex: Make restroom accessible



WEEKLY SAFETY STAND DOWN

JULY IS UV SAFETY AWARENESS MONTH



July is UV (Ultraviolet) Safety Awareness Month

If you are like me, you love spending time outdoors. Growing up, I had my share of bad sunburns, and I have to admit as an adult I still occasionally get burnt, but not as bad. Over the years I have learned a lot about cancer and how to reduce the risk. I only wish I knew or probably better stated, listened to the warnings. I hope you all enjoy the summer, and take to heart these helpful tips on avoiding those uncomfortable sunburns.

According to the American Cancer Society, spending time outside is a great way to be physically active: it reduces stress and you get a dose of vitamin D from the sun, but spending time outdoors also increases your risk of skin cancer. This does not mean you should be like Richie's brother Howie in the movie Benchwarmers who was afraid of the sun, it just means you need to be mindful and protect yourself and family. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun. It's important to remember that protection from UV rays is important all year, not just during the summer. UV rays reflect off of surfaces like water, cement, sand, and snow. Don't be fooled by cloudy and cool days, UV rays can still reach you.

There are three main types of UV rays that can affect your skin:

- UVA rays have the least energy among UV rays. UVA rays are known as the culprit of long-term skin damage such as wrinkles, but they are also may play a role in some skin cancers.
- UVB rays have slightly more energy than UVA rays. They are the main rays that cause sunburns, and can damage the DNA in skin cells directly. UVB rays are also thought to cause most skin cancers.
- UVC rays have more energy than the other types of UV rays. They react with the ozone high in our atmosphere and do not the reach the ground. UVC rays are not normally a risk factor for skin cancer. UVC rays can also come from some man-made sources, such as arc welding torches, mercury lamps, and UV sanitizing bulbs used to kill bacteria and other germs (such as in water, air, food, or on surfaces).

Here are some tips to protect yourself for UV damage:

- Limit your exposure by staying in the shade, especially between 10AM 4PM.
- Protect your skin with clothing that covers your arms and legs.
- Wear a hat to protect your head, face, and neck.
- Wear sunglasses that block 100% UV rays to protect your eyes and the skin around them. Sun damage to eyes can cause cataracts, macular degenerative disease, and eye cancer.
- Use a sunscreen that is SPF 30 or higher to help protect skin that isn't covered with clothing.
- Apply sunscreen 30 minutes before venturing outside. Re-apply every two hours and immediately after swimming or excessive sweating.

Additional Information:

- How to Apply Sunscreen
- How to Choose Sunglasses to Best Protect Your Eyes
- Five Ways to Prevent Skin Cancer

UPCOMING EVENTS

FS SUMMER PICNIC





Get started in 3 easy steps

Step 1:

Activate your wellness program - on the web or with our app.



On the web: Go to MyActiveHealth.com/WellnessTN and click on the link "Create an Account."

With our app: Search for "ActiveHealth" in your app store. Then download the ActiveHealth app on your smartphone or tablet. When you open the app, click on the "Register" button.

Step 2: After logging in to the website or the app, complete the Health Assessment. This will take about 5 minutes to do.

Step 3: Now complete your choice of activities to start earning your cash incentives. See the back of this page for details on the activities to earn your cash incentives. Your progress is tracked by ActiveHealth in your online account.

Active employees and enrolled spouses: **Earn up to \$250 each** with your wellness incentives – deposited in your paycheck.

Your wellness program includes:

A personalized weight management program • Coaching support – online or on the phone Support for long-term health conditions such as asthma, diabetes, COPD, and other conditions Help with quitting tobacco • And more

Get started with the ActiveHealth app or online at MyActiveHealth.com/WellnessTN



Questions? We're here to help. 888-741-3390, Monday - Friday 8 AM to 8 PM CT.

The information provided by the ActiveHealth Management health and wellness programs is general in nature. It is not meant to replace the advice or care you get from your doctor or other health professional. If you have specific healthcare needs or would like more complete health information, please see your doctor or other healthcare provider.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of programs and services and does not constitute a





Rewards activities for 2023

First complete your health assessment online. Then do your choice of activities listed below to earn rewards. Log in online to see details.

Biometric screening	\$50
Weight management program	Attend 1 class = \$50 Attend 2 classes = wearable fitness device and Bluetooth scale 8th class = \$50 16th class = \$100
Digital Coaching (online activities)	Complete online activities and earn hearts Digital coaching: Earn 750 hearts = \$50 Earn 6,000 hearts = \$150
Online group coaching for lifestyle or disease management	Attend 1 class = \$50 Attend 3 classes = additional \$150
Healthy You single group coaching sessions	Attend first class = \$50 Attend second class = additional \$50 Attend third class = additional \$50 Max \$150 for calendar year
Telephonic coaching: Lifestyle coach or disease management nurse	First call = \$50 Third call = \$150 Note: Calls must be at least three weeks apart. First call = \$50
Telephonic coaching for tobacco cessation	Third call = \$150 Attend 1 class = \$50
Online group coaching for tobacco cessation	Attend 1 class = \$30 Attend 3 classes = additional \$150 \$25 per completed challenge – earn up to \$100
Quarterly wellness challenges	Complete an exam or screening to earn \$50
Preventative exams	Participation = \$150
Case management	Complete TCAW engagement activity = \$150
Take Charge at Work (TCAW)	\$150 for meeting target range either through a
Target biometric screening values	Quest onsite screening or Quest Physician Screening Form.

Log in or use the QR code to get started earning your rewards today.

MyActiveHealth.com/WellnessTN

